

# CANCER IN IRELAND

## CANCER INCIDENCE



40,000 new cancer diagnoses each year



150 people diagnosed every day in Ireland with cancer



Every 3 minutes someone is told they have cancer

## DID YOU KNOW?



4 out of 10 cancer cases are preventable



Watching what we eat CAN PREVENT CANCER



Not smoking CAN PREVENT CANCER



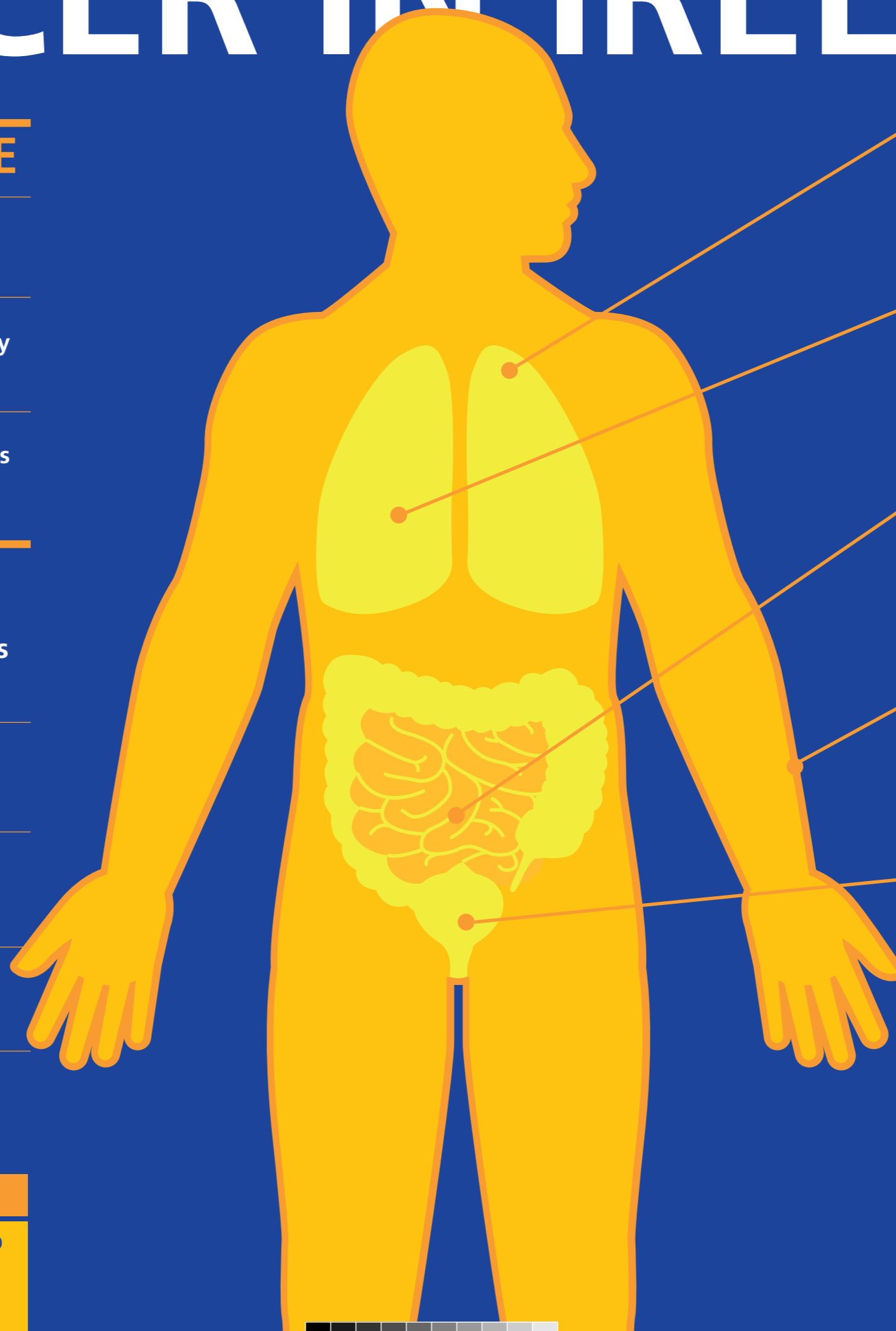
Sensible alcohol intake CAN PREVENT CANCER



Regular exercise CAN PREVENT CANCER

### Cancer Nurseline

Contact our Cancer Nurseline on Freephone 1800 200 700 [cancernurseline@irishcancer.ie](mailto:cancernurseline@irishcancer.ie) [www.cancer.ie](http://www.cancer.ie)



### Lung Cancer

2,500 new cases each year | 18% survival rate

**WHO GETS IT**

**PREVENT IT** Don't smoke. Avoid asbestos and radon. If concerned about symptoms, consult your GP.

### Breast Cancer

3,100 new cases each year | 83% survival rate

**WHO GETS IT**

**PREVENT IT** Eat well. Exercise. Breastfeed. Cut down on alcohol. Go for screening when called.

### Bowel Cancer

2,800 new cases each year | 62% survival rate

**WHO GETS IT**

**PREVENT IT** Eat well. Exercise. Cut down on alcohol. Go for screening when called. If concerned about changes in your bowel habits, consult your GP.

### Skin Cancer (Melanoma & Non-Melanoma)

12,000 new cases each year | 98% survival rate

**WHO GETS IT**

**PREVENT IT** Be smart in the sun. Get noticeable changes in moles checked by your GP.

### Prostate Cancer

3,500 new cases each year | 92% survival rate

**WHO GETS IT**

**PREVENT IT** Eat well. Exercise. If concerned about symptoms, consult your GP.



# WHAT WE'RE DOING

# €25 million

## INVESTED IN LIFE-SAVING CANCER RESEARCH SINCE 2010



## FUNDS SPENT EACH YEAR ON LIFE-SAVING CANCER RESEARCH & PATIENT CARE & SUPPORT

# €14,600,000\*

\*Figure based on annual average of funds spent in 2014, 2015 and 2016.

## Progress in the fight against cancer, (people surviving diagnosis)

1998 → 2018 → Our Future  
 4 out of 10      6 out of 10      10 out of 10

### IN 2017...



Over 1,500 people received free counselling to help cope with a cancer diagnosis in their lives



924,000 people concerned about cancer accessed free information on [www.cancer.ie](http://www.cancer.ie)



1,800 cancer patients received over 7,300 nights of end of life care from our Night Nurses



Over 44,000 people received free information, advice & support from Cancer Nurses on our Freephone Cancer Nurseline 1800 200 700 & 13 Daffodil Centres across Ireland.



Over 320,000 free cancer information booklets provided across Ireland



Over 1,300 cancer patients driven to over 12,000 chemotherapy treatments by our Volunteer Drivers



**Irish Cancer Society**